



Protecting You/Protecting Me[®] (PY/PM[®]) Youth-Led Implementation Model Scope & Sequence

A program of

MADD[®]

Sponsored by



I. PY/PM Overview

Student Learning Objectives

Students will:

- Become familiar with MADD's mission* and how they are contributing to it
- Discuss the meaning of underage alcohol use
- Understand the meaning of prevention
- Explore three theories of prevention based on research
- Discuss risk and protective factors in their school, community, family and as individuals
- Explore their resiliency
- Recognize their role as a peer helper in enhancing the protective qualities in the youth with whom they work
- Learn the goals of Protecting You/Protecting Me
- Gain a basic understanding of the program in which they will be involved
- Understand the evaluation data and the importance of evaluation
- Learn what fidelity is and how it applies to PY/PM
- Research the impact of alcohol use on their community or an event in the community that has been caused by alcohol use

Summary

This module provides an overview of the Protecting You/Protecting Me program for high school peer helpers who will be teaching the curriculum. The module explores the basic premises and three theories of effective prevention, which will give students the foundation for understanding why prevention works. Students will also learn about fidelity to a curriculum and its importance. This module provides detailed information about the PY/PM curriculum and program.

II. Our Human Brain

Student Learning Objectives

Students will:

- Learn about the latest research on the developing brain
- Know who the leading researchers in the field of brain development and adolescent alcohol use are
- Learn the structure and function of the parts of the brain, what the brain does and how the different parts of the brain work together

- Learn the parts of the brain and their function that are developing during adolescence
- Understand the impact of alcohol on the developing brain and how it is different from the mature brain
- Gain an understand of Magnetic Resonance Images (MRI) and how they have transformed brain research
- Compare the brains of teens who use alcohol heavily to those who do not use alcohol
- Learn how the brains of teens who use alcohol respond to ads about alcohol differently than those who do not use alcohol
- Understand the dangers of alcohol poisoning for adolescents
- Learn the different parts of the neuron, the function of neurons and understand how neurons send and receive messages
- Explore how alcohol can interfere with the exchange of messages between neurons
- Understand that anything that interferes with our brain's communication system during development can have significant impact on our brain development and learning and memory
- Accept the importance of not using alcohol until at least 21 years of age

Summary

The modules on Our Human Brain are designed to help the peer helpers understand adolescent brain development, how the brain works, the impact of alcohol on the developing brain, and how alcohol use can change them in ways they can not predict.

III. Child Development

Student Learning Objectives

Students will demonstrate the ability to:

- Describe common developmental characteristics of children in grades one to five
- Empathize and understand the concerns and values of children in grades one to five
- Anticipate realistic expectations of children in the classroom in grades one to five

Summary

The section on child development is intended to give the peer helpers a better understanding of what they can expect from the children they will be teaching. This unit covers the physical, emotional, intellectual, and social developmental changes that children go through from grades one to five.

Also included are questions to ask the peer helpers; the questions guide the peer helpers to explore what they were like in each grade, as well as to help them empathize and have a better understanding of what they may encounter as a Protecting You/ Protecting Me teacher.

IV. Classroom Management

Student Learning Objectives

Students will demonstrate the ability to:

- Discuss classroom management concerns
- Learn the difference between discipline and punishment
- Understand the relationship between how one views themselves and behavior
- Explore the four goals of misbehavior

- Explore successful classroom management strategies
- Practice effective classroom management techniques
- Learn under what circumstances concerns about a child must be reported

Summary

This module gives students opportunities to learn the root causes of misbehavior and explore a variety of classroom management techniques that will help them have productive and effective cross-age teaching experiences. This module also discusses confidentiality and how to report a disclosure.

V. Classroom Observation

Student Learning Objectives

Students will demonstrate the ability to:

- Apply the information learned in child development and classroom management to the context of the classroom
- Develop observation skills
- Learn the process of recording what they observe
- Speak effectively in front of a group
- Organize take-home materials for the elementary students
- Report what they observed and tie their observations to classroom learning

Summary

This module gives students opportunities to learn the classroom environment in which they will be teaching and the students in that classroom. These observations will provide a context for the information and skills they gained during the child development and classroom management sessions, so they will be better prepared to apply new knowledge and skills in the elementary classroom. Students develop and practice introductions of themselves and gain understanding of the importance of the elementary students knowing who they are and why they're teaching the lessons before they teach the first lesson.

VI. Lesson Preparation

Student Learning Objectives

Students will demonstrate the ability to:

- Learn how self-concept influences behavior
- Understand that people's differences and uniqueness are positive not negative
- Learn how to work independently and with a partner
- Explore lesson preparation techniques
- Identify effective techniques that they will practice and incorporate into their lesson presentations
- Learn content of each PY/PM lesson
- Practice effective oral presentation techniques
- Develop detailed presentation notes
- Organize materials and supplies for each presentation
- Use constructive feedback
- Monitor and evaluate lesson delivery based on reflection and debriefing
- Adjust lesson delivery based on reflection and debriefing
- Identify the importance of being prepared

- After this introductory session throughout implementation, practice and deliver lessons incorporating the strategies they have learned

Summary

This unit gives students an introduction to the curriculum materials and fidelity to the curriculum as well as a basic understanding of lesson preparation and good oral presentation techniques that will help them acquire effective classroom teaching experiences.

VII. Honor Code

Student Learning Objectives

Students will have the ability to:

- Understand the meaning of honor and how it applies in their role as a peer helper
- Recognize how their behavior impacts others
- Understand what is involved to be a role model
- Accept that decisions and behaviors have consequences
- Adjust behavior appropriately as needed
- Accept and fulfill responsibility to self and group

Summary:

This section helps students understand the importance of being a role model and what that entails. They explore the importance of a no-use lifestyle as it relates to their role in teaching a prevention program. An in-depth discussion about the guidelines, how their behavior impacts others, their responsibility to the class and the consequences if they do not adhere to the guidelines occurs as the students explore the topic and develop an Honor Code for their class.



*MADD's mission is to stop drunk driving, support the victims of this violent crime and prevent underage drinking.