



## Protecting You/Protecting Me Grades 1-5 *At a Glance*

Goal:  
Objective:

	<b>Topic</b>	<b>Message</b>	<b>Meets Educational Standards* in:</b>	
<b>Lesson 1</b>	Students learn about the physical role of the brain and its importance.	<i>Children’s brains are different than grown-ups’ brains.</i>	<ul style="list-style-type: none"> <li>• Health</li> <li>• Language Arts</li> </ul>	<ul style="list-style-type: none"> <li>• Science</li> <li>• Art (1-3)</li> </ul>
<b>Lesson 2</b>	Students learn about the danger of alcohol exposure to the developing brain.	<i>Brain development within the first 21 years of life provides the foundation for development as an adult.</i>	<ul style="list-style-type: none"> <li>• Health</li> <li>• Language Arts</li> <li>• Science (1,3,4 &amp; 5)</li> </ul>	<ul style="list-style-type: none"> <li>• Social Studies (2-5)</li> <li>• Math (1)</li> <li>• Art (2)</li> </ul>
<b>Lesson 3</b>	Students learn to not trust their lives to luck, but to make healthy, safe choices.	<i>It’s our job to protect our brain as it develops.</i>	<ul style="list-style-type: none"> <li>• Health</li> <li>• Language Arts</li> <li>• Social Studies(1-3)</li> </ul>	<ul style="list-style-type: none"> <li>• Science (2-5)</li> <li>• Art (2)</li> </ul>
<b>Lesson 4</b>	Students learn about the purpose and value of using rules and laws.	<i>Rules and laws are created so we don’t have to leave our lives to luck. We know how to protect ourselves and others.</i>	<ul style="list-style-type: none"> <li>• Health</li> <li>• Language Arts</li> <li>• Social Studies</li> </ul>	<ul style="list-style-type: none"> <li>• Science</li> <li>• Art (2)</li> </ul>
<b>Lesson 5</b>	Students learn that being a friend includes helping a person be safe.	<i>Friends help keep each other safe.</i>	<ul style="list-style-type: none"> <li>• Health</li> <li>• Language Arts</li> </ul>	<ul style="list-style-type: none"> <li>• Social Studies</li> </ul>
<b>Lesson 6</b>	Students learn that they can, and sometimes need to, say “no.”	<i>We can say “no” and keep our friends.</i>	<ul style="list-style-type: none"> <li>• Health</li> <li>• Language Arts</li> </ul>	<ul style="list-style-type: none"> <li>• Social Studies</li> </ul>
<b>Lesson 7</b>	Students learn to not trust commercials to give us all the information we need to protect ourselves and others.	<i>We need to know what the media doesn’t tell us.</i>	<ul style="list-style-type: none"> <li>• Health</li> <li>• Language Arts</li> <li>• Social Studies</li> </ul>	<ul style="list-style-type: none"> <li>• Science</li> <li>• Art (2)</li> </ul>
<b>Lesson 8</b>	Students learn that they can talk to adults about things that are hard to talk about.	<i>Children can talk to grown-ups about difficult subjects, and children can protect themselves when grown-ups don’t.</i>	<ul style="list-style-type: none"> <li>• Health</li> <li>• Language Arts</li> <li>• Social Studies</li> </ul>	<ul style="list-style-type: none"> <li>• Art (2)</li> <li>• Science (5)</li> </ul>

*\*The Educational Standards are addressed in all grade levels 1 through 5, unless specific grade levels are noted in ( ).*

*For a more detailed description of the lessons, including descriptions of activities and discussions in which students take part, please read our **Scope and Sequence** at [www.pyppm.org](http://www.pyppm.org)*